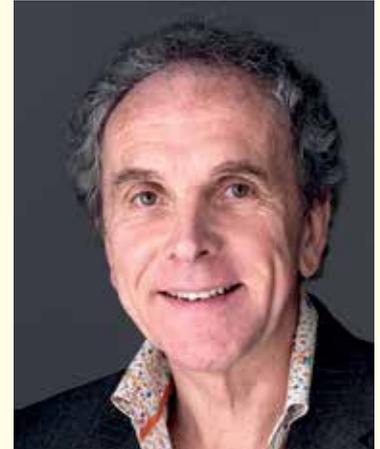


Who we are

With over 40 years of teaching experience, we are pioneers in the field of Body-Oriented Mindfulness-Centered Therapy, Somatic, Humanistic and Transpersonal Psychology, with expanded studies in psychodynamics and behavioral approaches. Teaching at the cutting edge of research and the application in our field, we search to touch the essence of a person with competence, love and joy, supporting the full potential to be realized.

Siegmar Gerken, PHD, ECP, HP (Psychotherapy) studied psychology, education and anthropology. He is on the faculty of the JFK University Somatic Psychology Department, the Esalen Institute, and the Behavioral Therapy Training Institute in Hamburg. He teaches at universities and private institutes worldwide, on the interconnectedness of psychosomatic processes as they manifest on the levels of body, emotions, mind, will and consciousness. His research in energy field documentation with Prof. F. Popp on psycho-emotional states opened new horizons to scientists and practitioners. He is co-founder of the Scientific Committee of the EABP. Dr. Gerken is a lecturer, therapist, trainer and supervisor.



Cornelia Gerken, CMP, ECP, HP (Psychotherapy) completed her university studies in Göttingen, Germany with a degree in education and further studies in psychology. Cornelia integrates different psychosomatic and psycho-spiritual approaches. She developed her own synthesis, CoreSoma, which looks at somatic reality as the foundation of our lives. In her work she shares her compassion and joy for life, bringing a deep presence of the feminine. Cornelia is also a dancer and artist. With her husband she is the Co-Founder and Co-Director of the International Institutes. Cornelia & Siegmar have been married for 42 years and have three adult children.

Cornelia and Siegmar Gerken conduct professional programs in:

- *Core Evolution Trauma Therapy;*
- *Integrative Body-Oriented and Mindfulness-Centered Therapy™ – Core Evolution®;*
- *Specialized Management and Coaching Seminars for Authentic Leadership and Emotional Competence;*
- *The Energy & Consciousness Programs™ for Applied Psychology, Spirituality and Science.*

They are available for private consultations worldwide online or in their private practice.

International Institute for Core Evolution® and CoreSoma™

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